HMRRC WINTER MARATHON

Albany, NY

Sunday, February 20, 2011 10:00 AM

Sponsored by the Hudson Mohawk Road Runners Club

- **Report to:** Physical Education Building of the State University at Albany located 1/2 mile from the crossing of I-87 and I-90 on US 20. The Physical Education Building is near the Western Avenue entrance to the Campus. The race will start and finish near the building. Shower facilities are available.
- **Course:** USATF Certified pending. 26.2 mile course is comprised of five loops involving the interior roadways of the State University Campus and the New York State Office Campus. Mostly flat, no steep hills. <u>Race time limit 5 hours (scoring ends)</u>. Due to usual inclement weather and concern for volunteers **course marshalls & water stops will be pulled off course at 5 hours.**

38th Annual Marathon

Age Groups:	None		
Awards:	Top male & top female. Top 5 Age-Gender Graded.		
Entry Fee (per person)		Postmarked before February 16:	HMRRC Members - \$15 Non-Members - \$20
		Postmarked after February 16: Day of Race Registration:	All \$25 8:30 am to 9:30 am only

Race Facts: Men's Record - Jack Callaci: 2:28:04 (1977); Women's Record - Sherry Christoff: 3:04:51 (1997)

For Information on the Race or Nearby Hotels e-mail Co-Directors: Dana Peterson @albany.edu or Ken Klemp kklemt@nycap.rr.com or Ed Neiles eneiles@nycap.rr.com

Mail Entries to: Winter Marathon, 17 Norwood Street, Albany, NY 12203 Please make checks payable to HMRRC

I know that running a road race is a potentially hazardous activity. I attest that I am physically fit and sufficiently trained to compete in this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I agree not to wear a headphone during this event. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather including hypothermia or frost bite, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hudson Mohawk Road Runners Club, the State University, the State of New York and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____

Date _____